

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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1. Name and Address of Reporting Person* FRIEDMAN RICHARD H (Last) (First) (Middle) 100 CLEARBROOK ROAD (Street) ELMSFORD NY 10523 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol BioScrip, Inc. [BIOS]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Chairman of the Board and CEO
	3. Date of Earliest Transaction (Month/Day/Year) 12/08/2009	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock, \$.0001 Par Value	12/08/2009		M		20,000	A	\$5.8	786,079	D ⁽²⁾	
Common Stock, \$.0001 Par Value	12/08/2009		s		20,000	D	\$8.0454 ⁽¹⁾	766,079	D ⁽²⁾	
Common Stock, \$.0001 Par Value								250,000	I	By The Richard H. Friedman Grantor Retained Annuity Trust ⁽³⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Employee Stock Option (Right to Buy)	\$5.8	12/08/2009		M			20,000	01/02/2004 ⁽⁴⁾	01/02/2013	Common Stock, \$.0001 Par Value	20,000	\$0	91,698	D	
Employee Stock Option (Right to Buy)	\$12.2							11/28/2002 ⁽⁴⁾	11/28/2011	Common Stock, \$.0001 Par Value	200,000		200,000	D	
Employee Stock Option (Right to Buy)	\$17.8							01/02/2003 ⁽⁴⁾	01/02/2012	Common Stock, \$.0001 Par Value	200,000		200,000	D	
Employee Stock Option (Right to Buy)	\$7.03							01/02/2005 ⁽⁴⁾	01/02/2014	Common Stock, \$.0001 Par Value	200,000		200,000	D	
Employee Stock Option (Right to Buy)	\$6.36							01/03/2006 ⁽⁴⁾	01/03/2015	Common Stock, \$.0001 Par Value	200,000		200,000	D	
Employee Stock Option (Right to Buy)	\$7.54							01/03/2007 ⁽⁴⁾	01/03/2016	Common Stock, \$.0001 Par Value	200,000		200,000	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$3.46							01/02/2008 ⁽⁵⁾	01/02/2017	Common Stock, \$0.001 Par Value	66,667		66,667	D	
Employee Stock Option (Right to Buy)	\$7.7							01/02/2009 ⁽⁵⁾	01/02/2018	Common Stock, \$0.001 Par Value	130,000		130,000	D	
Employee Stock Option (Right to Buy)	\$7.7							01/02/2009 ⁽⁵⁾	01/02/2018	Common Stock, \$0.001 Par Value	70,000		70,000	D	
Option To Purchase Common Stock	\$6.52							04/29/2009 ⁽⁵⁾	04/29/2018	Common Stock, \$0.001 Par Value	112,500		112,500	D	
Option To Purchase Common Stock	\$2.73							04/28/2010 ⁽⁵⁾	04/28/2019	Common Stock, \$0.001 Par Value	150,000		150,000	D	

Explanation of Responses:

- Shares were sold at various prices between \$8.00 and \$8.09 per share. Mr. Friedman undertakes to provide (upon request by the SEC staff, the issuer, or a security holder of the issuer) full information regarding the number of shares purchased or sold at each separate price.
- Includes 10,000 shares owned jointly with Mr. Friedman's spouse.
- Shares of Common Stock are owned by the Richard H. Friedman Grantor Retained Annuity Trust dated June 22, 2009. The 250,000 shares held in the trust were transferred to the trust by Mr. Friedman on June 22, 2009. Mr. Friedman is trustee of the trust and has sole voting and dispositive power with respect to these shares of Common Stock.
- Fully Vested
- Vests and becomes exercisable in three equal annual installments commencing on the first anniversary of the date of grant.

/s/ Richard H. Friedman

12/08/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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